



**RCA
CITY OF AUSTIN
RECOMMENDATION FOR COUNCIL ACTION**

AGENDA ITEM NO.: 7
AGENDA DATE: Thu 01/13/2005
PAGE: 1 of 3

SUBJECT: Approve execution of an Interlocal Cooperation Agreement with Travis County and the Austin Travis County Mental Health Mental Retardation Center (ATCMHMRC) for the provision of Substance Abuse Treatment Services by ATCMHMRC in an amount not to exceed \$ 1,440,102.00 (\$828,303 City; \$611,799 County), with three 12-month renewal options in an amount not to exceed \$1,440,102 (\$828,303 City; \$611,799 County) per renewal option, for a total agreement amount not to exceed \$5,760,408 (\$3,313,212 City; \$2,447,196 County).

AMOUNT & SOURCE OF FUNDING: Funding in the amount of \$426,227 is included in the Fiscal Year 2004-2005 Approved Operating Budget of the Health and Human Services Department, \$195,000 is included in Approved Operating Budget of the Municipal Court and \$458,849 will be provided by Travis County. Funding for the remaining three months of the agreement and renewal options is contingent upon available funding in future budgets.

FISCAL NOTE: There is no unanticipated fiscal impact. A fiscal note is not required.

REQUESTING Health and Human
DEPARTMENT: Services

DIRECTOR'S
AUTHORIZATION: David Lurie

FOR MORE INFORMATION CONTACT: Vince Cobalis, Asst. Director for Human Services, 972-5011; Donna Jackson, HHSD Manager, 972-5017; Linda Terry, Agenda Coordinator, 972-5023

PRIOR COUNCIL ACTION: Approved Renewal and Amendment of the Calendar Year 2004 Interlocal Cooperation Agreement between the City of Austin, Travis County, and the Austin Travis County Mental Health Mental Retardation Center for Substance Abuse Treatment Services for the 2004 contract year on March 11, 2004.

BOARD AND COMMISSION ACTION: N/A

PURCHASING: N/A

MBE / WBE: N/A

Background

The Interlocal Agreement between the City of Austin, Travis County, and the Austin Travis County Mental Health and Mental Retardation Center for Substance Abuse Treatment established a substance abuse treatment network managed by an administrative entity (or Managed Service Organization, "MSO") for calendar year 1999. This agreement has been renewed annually since that time. Under the Interlocal, Austin Travis County Mental Health and Mental Retardation Center ("ATCMHMR") provides specified MSO functions for the service network. These MSO functions include credentialing; single point of entry functions; utilization management; quality management; management information systems; financial management; administration/contract management; network development and management; and on-site provision of technical assistance to network providers. The service network presently includes the following substance abuse treatment providers: Austin Recovery Inc., Push-Up Foundations Inc., Phoenix Academy (provider of youth services), Seton/Shoal Creek, Clean Investments, Austin Drug &



**RCA
CITY OF AUSTIN
RECOMMENDATION FOR COUNCIL ACTION**

AGENDA ITEM NO.: 7
AGENDA DATE: Thu 01/13/2005
PAGE: 2 of 3

Alcohol Abuse Program, and Choosing How I Live Life, Inc.

The Interlocal Agreement is being renewed and amended for the Calendar Year 2005. The new Municipal Court funding amount more accurately reflects past expenditure levels for the Community Court referrals. The Calendar Year 2005 funding breakdown is \$828,303 in City funding (\$568,303 Health and Human Services Department, "HHSD" and \$260,000 Municipal Court (Downtown Austin Community Court "DACC")), and \$611,799 in Travis County funding. The contract includes up to \$172,812 as the MSO administration fee with the remaining funds being allocated to direct services. The target population's demand for services determines how many units of service are purchased.

Substance abuse treatment services under the Interlocal Agreement include the following continuum of services: comprehensive clinical assessment; detoxification services; intervention services, residential treatment; day treatment; and outpatient and continuing care services. Additionally, clients are linked or referred to case management and other support services as part of the treatment process. Services are provided to eligible clients according to specific eligibility criteria that includes: (a) household income below 200% of the federal poverty guidelines; (b) no other third party payer available/applicable; (c) residence in City of Austin and/or Travis County; (d) meets target population criteria, which are homeless adults, adults referred by Community Court, high-risk women, high-risk youth, and adults referred from City and County Primary Care Clinics. The MSO will also continue to develop the service network as necessary for the provision of all required services with attention to service capacity and appropriate access for consumers. Additional target groups may be served contingent upon Department approvals and based upon community assessment information and the MSO's identification of any additional priority service needs or gaps in services in the Austin/Travis County community.

Services provided under this Interlocal Agreement include:

- Outreach – Identify persons needing assistance and encourage them to enter services. Outreach will be provided through existing programs/agencies that work with the target populations, but will not be considered a reimbursable cost under this Agreement.
- Intake/Assessment/Referral – A clinical substance abuse assessment will be required for all potential clients and may be conducted by any provider in the service network based on the client's entry point into the system and her/his level of need for services.
- Detoxification – As defined by the Texas Commission on Alcohol and Drug Abuse ("TCADA"), detoxification is chemical dependency treatment designed to reduce systematically the amount of alcohol and/or other toxic chemicals in a client's body, manage withdrawal symptoms, and encourage the client to seek ongoing treatment for chemical dependency.
- Residential Treatment – Includes Level II and/or Level III residential treatment services as defined and licensed by TCADA. Residential services require clients to reside at the facility for a specified period of time while undergoing chemical dependency treatment.
- Transitional Housing—Housing provided to an eligible client with case management for a period not to exceed 12 months for the purpose of moving the client towards greater self-sufficiency.
- Intervention Counseling Services—Include individual counseling with eligible clients and/or family members.
- Day Treatment Services – Intensive outpatient treatment services are provided to an individual client for approximately five hours per day, for a total of at least twenty hours of services per week. The client does not reside at the treatment facility.



**RCA
CITY OF AUSTIN
RECOMMENDATION FOR COUNCIL ACTION**

AGENDA ITEM NO.: 7
AGENDA DATE: Thu 01/13/2005
PAGE: 3 of 3

-
- **Outpatient and Continuing Care/Aftercare Services** – These Level III and Level IV services usually include individual and/or group counseling services and the continuation of transitioning the client into other community-based support systems such as Alcoholics Anonymous/Narcotics Anonymous (AA/NA) groups, sponsors in the community, etc.
- **Case Management and Support Services** – As defined by TCADA, case management involves an accountable staff person providing services that include: (a) linking a client with needed services; (b) helping a client develop skills to use basic community resources and services; and (c) monitoring and coordinating the services received by a client.

Performance Measures

Related Departmental Goals

- **Provision: Health Services;** Deliver quality, safety-net health services in partnership with the community.
- **Prevention/Provision: Social Services;** Promote and foster increased self-sufficiency, healthy behaviors, and lifestyle among targeted populations.

Output Measure

- 750 unduplicated clients will be served

Outcome Measures

- Percent of clients of clients who report having maintained abstinence from substance abuse when contacted 60 days after treatment Goal: 76%
- Eligible Clients employed or in school or training at discharge. Goal: 60%
- Eligible Clients discharged to a stable housing situation. Goal: 90%

Requested Council Action

Council is requested to approve execution of an Interlocal Cooperation Agreement with Travis County and the Austin Travis County Mental Health Mental Retardation Center for the provision of Substance Abuse Treatment Services in an amount not to exceed \$ 1,440,102.00 (\$828,303 City; \$611,799 County), with three 12-month renewal options in an amount not to exceed \$1,440,102 (\$828,303 City; \$611,799 County) per renewal option, for a total agreement amount not to exceed \$5,760,408 (\$3,313,212 City; \$2,447,196 County).